



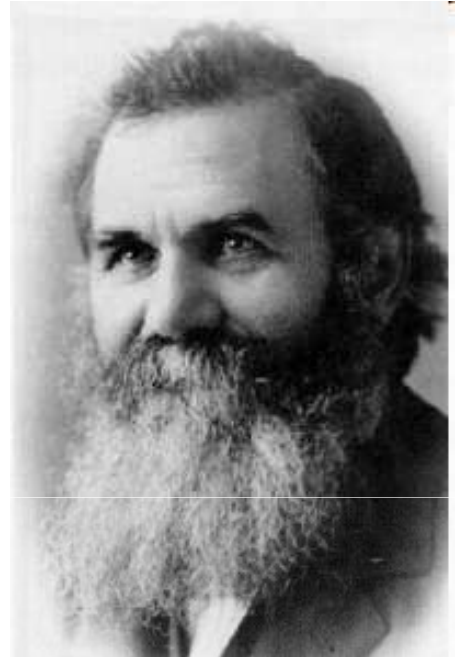
To all who long to elevate the human race by freeing it from ignorance, traditional prejudice, superstition and the pernicious delusions of the superiority of drug medication and the necessity of surgical mutilation, and especially to those who desire to know the best method of removing the unnatural and unnecessary condition called disease—conditions which not only cause great suffering, shorten life and lessen natural and intellectual progress, but prevent that proper acquirement of metaphysical knowledge so necessary for the next stage of existence, this book is most earnestly dedicated.

p. 7, 1910 the Chiropractor's Adjuster

D. D. Palmer.

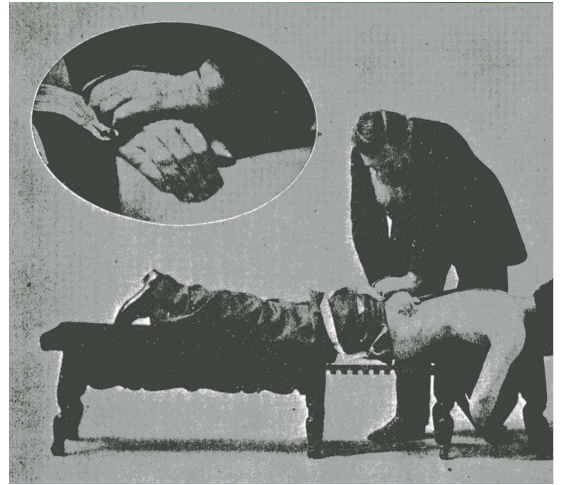
What is Innate?

To express the individualized intelligence which runs all the functions of our bodies during our wakeful and sleeping hours, I chose the name Innate. Innate-born with. And so far I would not change it except to replace it with the name of that individualized entity which really is a part or portion of that All Wise, Almighty, Universal Intelligence, the Great Spirit, the Greek's Theos, the Christian's God, the Hebrew's Helohim, the Maometan's Allah, Hahneman's Vital Force, new tho't's Divine Spark, the Indian's Great Spirit, Hudson's Subconscious Mind, the Christian Scientist's All Goodness, the Allopath's Vis Medicatrix Naturae — the healing power of nature. p.493 *The Chiropractor's Adjuster*



D.D. Palmer.

The universe is
composed
of spirit
and matter.

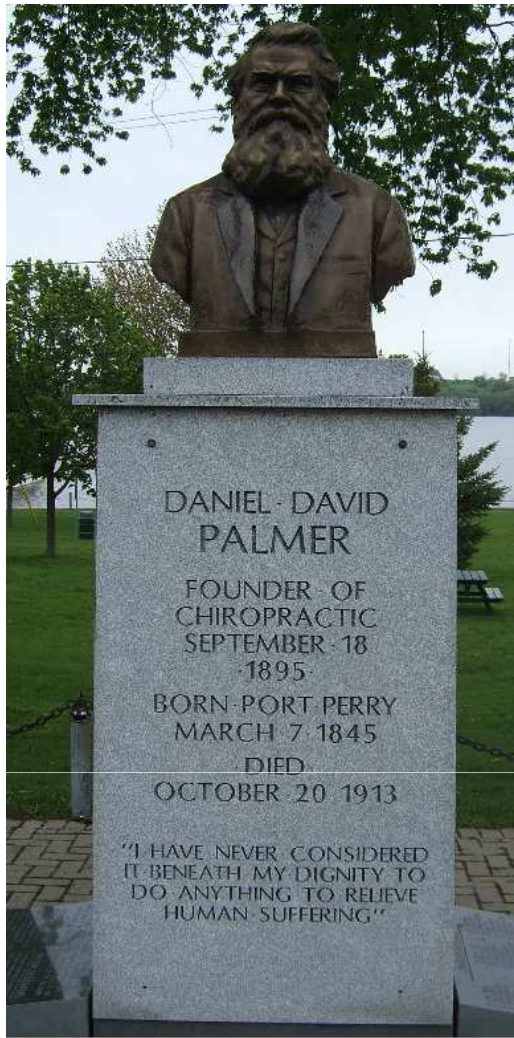


All living material is animated
by spirit.

p. 21 The Chiropractor 1910-1913.

D. D. Palmer.

When does Innate become associated with the man the physical?



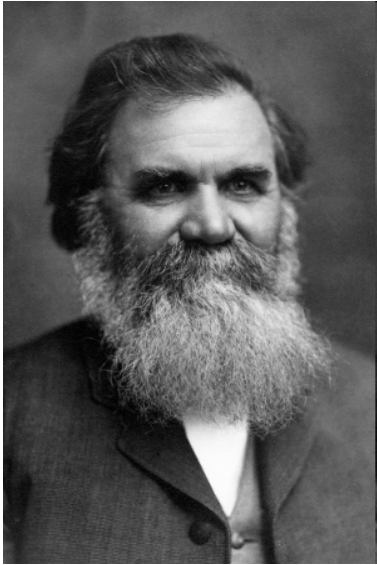
Innate becomes associated with the physical when the new being breathes the first breath of life. From this time, it is fully capable of running all the functions which constitute life, the growth, the replacing of worn-out tis-

sue and the repairing of fractures and other injuries. Innate is not transmitted from the mother to her offspring, but is an individualized portion of the All-Wise, usually known as spirit.

p. 493 The Chiropractors Adjuster 1910

D. D. Palmer.

Science refers to that
which is to be known;



art to that which
is to be done;

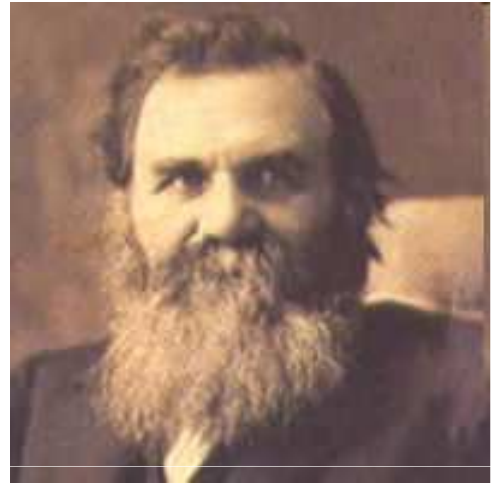
philosophy gives the
reasons why of the
method and the way in
which it is to be
performed.

p. 13 The Chiropractor 1914

D.D. Palmer.

THE CHIROPRACTOR'S ADJUSTER

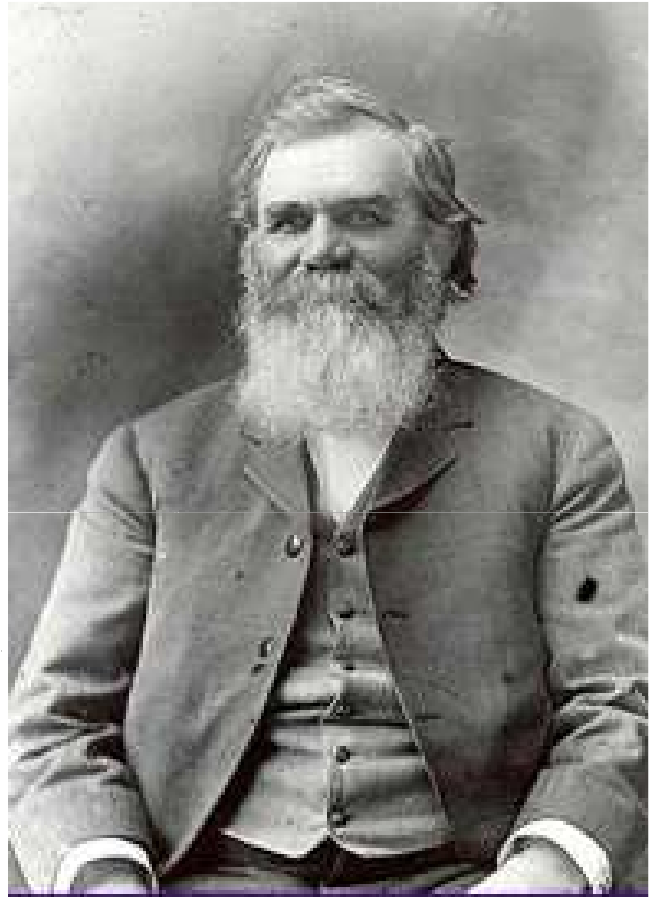
In the early years of Chiropractic I used the terms Innate (Spirit), Innate Intelligence (Spiritual Intellect), Universal Intelligence (God), because they were comprehensive, and the world was not prepared to receive the latter terms just mentioned in parenthesis. It may be, even now premature to use them.



p. 542

D.D. Palmer.

*In the near future
Chiropractic will be as
much valued
for its
preventative
qualities as it
now is for
adjusting and
relieving the
cause of
ailments.*

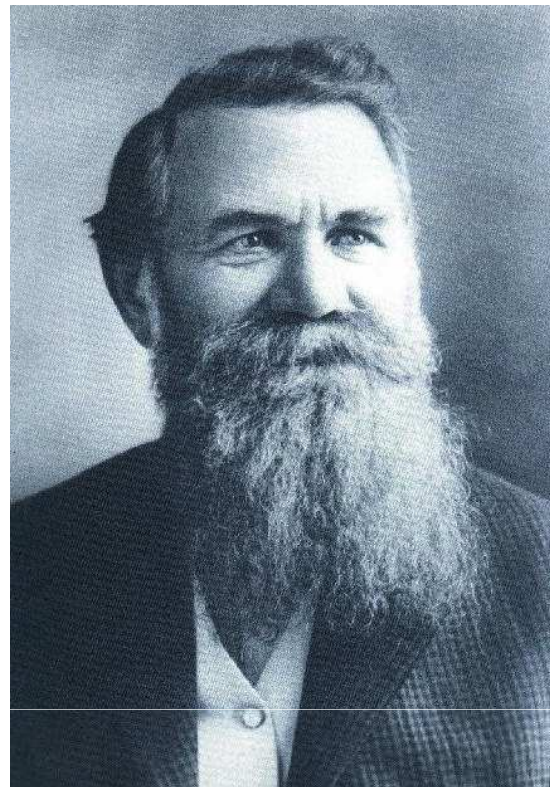


p. 638 DD Palmer The Chiropractor's Adjuster 1910

DD Palmer.

How can Innate make the most of life?

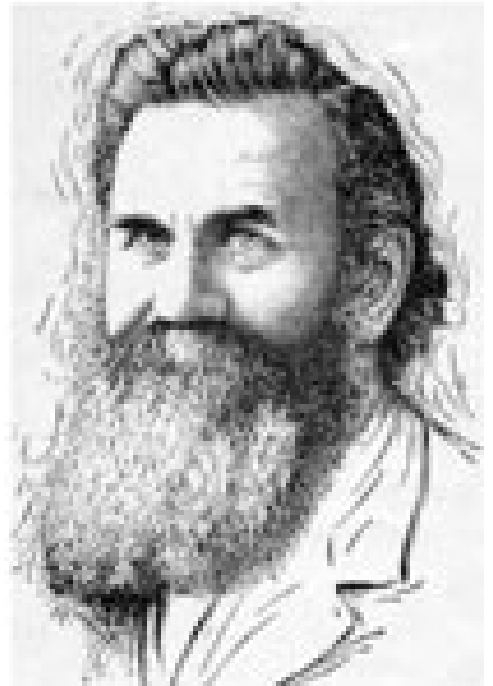
For Innate to make the most of life—to be able to leave this existence and pass to the beyond with a life full of useful experience, a harvest of knowledge gleaned from the fields of observation and experiment, it is necessary that the nerve channels of communication be free to convey the recognition of surrounding conditions and influences by which living forms are modified in their mental and physical growth. The universe is composed of the invisible and visible, spirit and matter. Life is but the expression of spirit thru matter. To make life manifest requires the union of spirit and body.



p. 494-495 Chiropractor's Adjuster 1910

D.D. Palmer.

Physicians
deal with
the physical
only;
chiropractors
with both the
physical and the
spiritual.



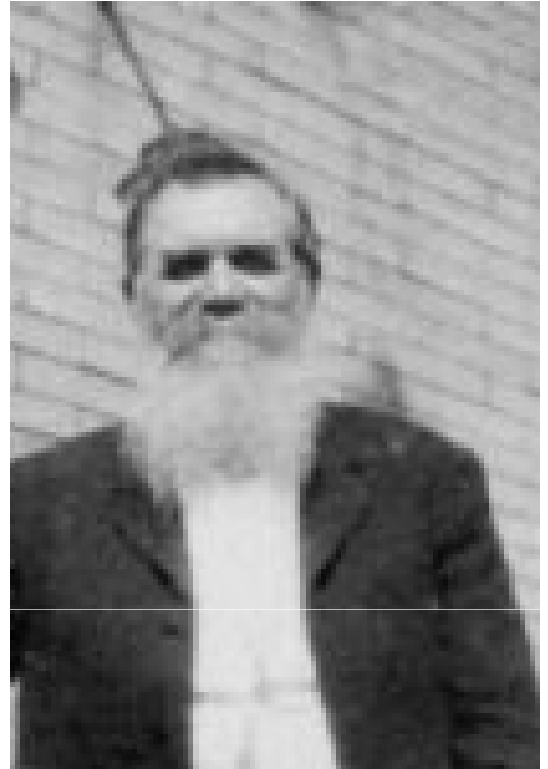
p. 9 The Chiropractor 1914

D.D. Palmer.

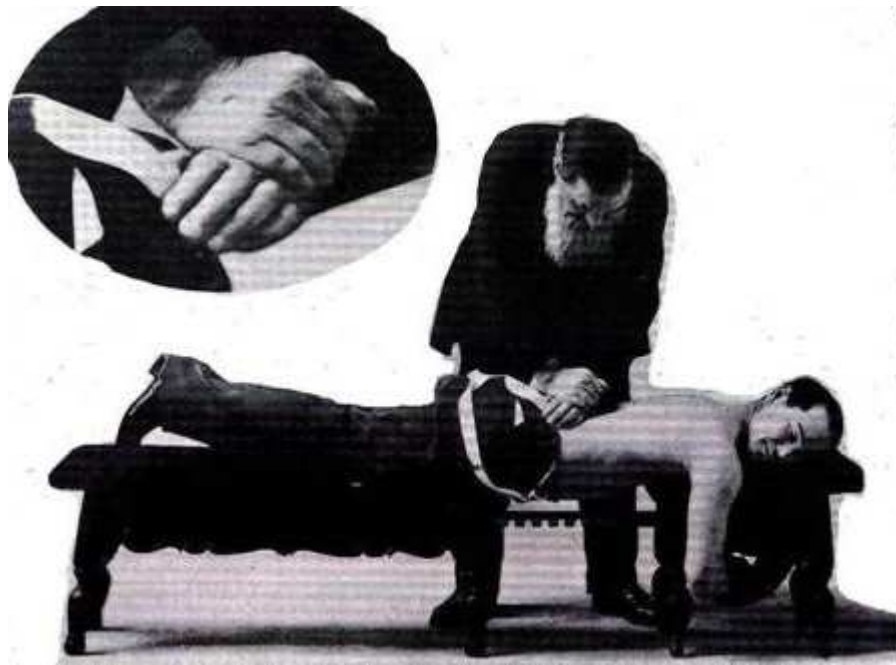
Chiropractic

*Founded on
TONE!*

“Life is the expression of tone. In that sentence is the basic principle of Chiropractic. Tone is the normal degree of nerve tension. Tone is expressed in functions by normal elasticity, activity, strength and excitability of the various organs, as observed in a state of health.” p. 7 *The Chiropractor's Adjuster* 1910



D.D. Palmer.



The purpose of chiropractic is to unite physical man with spiritual man. This linking together of the spiritual and physical, makes it our duty to so keep the corporeal frame in proper alignment that the spirit may manifest itself in a natural manner. It is not only our inalienable right, but our moral duty, to become acquainted with the osseous and nervous makeup, that we may intelligently adjust any displaced portion of the skeletal frame, so that Innate (that portion of Universal Intelligence usually known as spirit) may manifest itself through, and take in correct knowledge of, the material world.

p. 718 1910 the Chiropractor's Adjuster

D. D. Palmer.

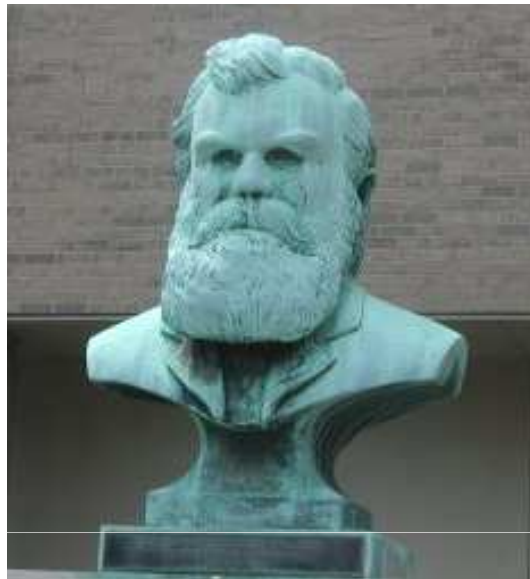
The Universal Intelligence, collectively, or individualized, desires to express itself in the best manner possible. It has been struggling for countless ages to improve upon itself intellectually and physically higher in the scale of evolution. Man's aspirations should be to advance to a superior level, to make himself better, physically, mentally and spiritually.

p. 691 1910 the Chiropractor's Adjuster



D. D. Palmer.

The principles of
Chiropractic
should be
known and
utilized in
the growth
of the infant and con-
tinue as a safeguard
throughout life.



p. 876 1910 THE CHIROPRACTOR'S ADJUSTER

D.D. Palmer.

As a means of relieving suffering and disease, Allopathy, Homeopathy, Osteopathy and now Chiropractic, have each, in turn, improved upon its predecessor. The latter, of all the others, is entitled to the seat of honor and distinction. But, as soon as the human mind is capable of absorbing a still more refined and advanced method and human aspirations demands it, it will be forthcoming and I hope to be the medium thru which it will be delivered to the denizens of the earth.

DD Palmer, 1910: The Science, Art and Philosophy of Chiropractic, p. 15



DD Palmer.



Man is a dual entity, composed of intelligence and matter, spirit and material, the immortal and mortal, the everlasting and the transient. The manifestation of such an existence is intelligent action.

Chiropractors, especially, are aiding in this great advancement by adjusting the osseous structure, the position of which has to do with determining normal and abnormal tension, for in whatever part function is abnormally performed tonicity is either lacking or excessive -- Creative Intelligence is prevented from expressing itself normally.

DD Palmer p. 4 1914: The Chiropractor

DD Palmer.

HAPPY BIRTHDAY CHIROPRACTIC

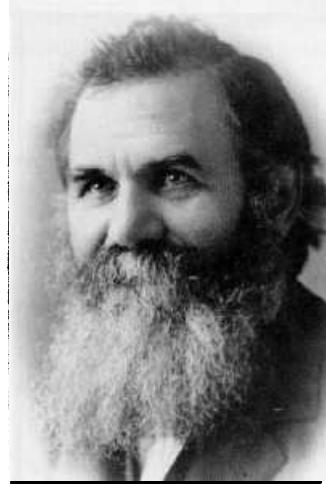
An American Original

Born in the USA

September 18, 1895



Harvey Lillard
The First Patient



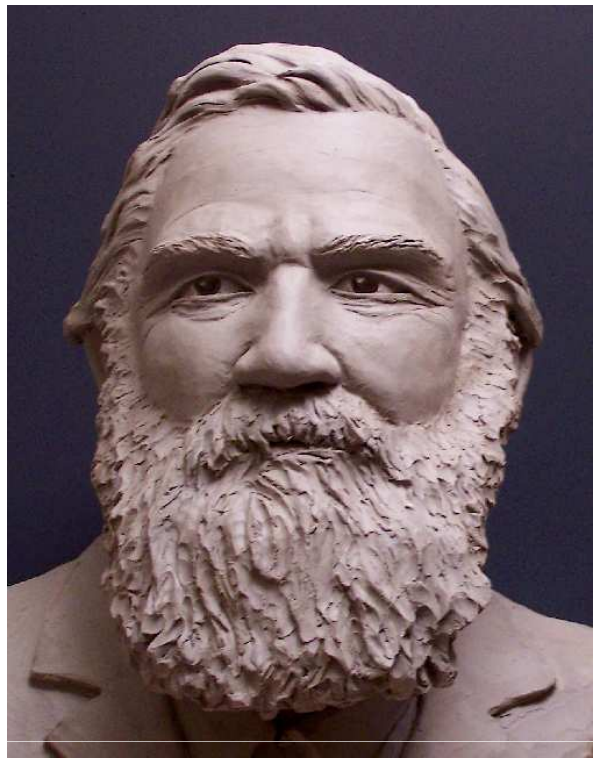
DD Palmer
Discoverer of Chiropractic

On Sept. 18, 1895, Harvey Lillard called upon me. He was so deaf for seventeen years that he could not hear the noises on the street. Mr. Lillard informed me that he was in a cramped position and felt something give in his back. I replaced the displaced 4th dorsal vertebrae by one move, which restored his hearing fully. p.137 DD Palmer Discoverer of Chiropractic The Chiropractor's Adjuster 1910

One question was always uppermost in my mind in my search for the cause of disease. I desired to know why one person was ailing and his associate, eating at the same table working in the same shop, at the same bench, was not. Why? What difference was there in the two persons that caused one to have pneumonia, catarrh, typhoid or rheumatism, while his partner, similarly situated, escaped? Why? This question had worried thousands for centuries and was answered in September, 1895. Harvey Lillard, a janitor, in the Ryan Block, where I had my office, had been so deaf for 17 years that he could not hear the racket of a wagon on the street or the ticking of a watch. I made inquiry as to the cause of his deafness and was informed that when he was exerting himself in a cramped, stooping position, he felt something give way in his back and immediately became deaf. An examination showed a vertebra racked from its normal position. I reasoned that if that vertebra was replaced, the man's hearing should be restored. With this object in view, a half-hour's talk persuaded Mr. Lillard to allow me to replace it. I racked it into position by using the spinous process as a lever and soon the man could hear as before. There was nothing "accidental" about this, as it was accomplished with an object in view, and the result expected was obtained. There was nothing "crude" about this adjustment; it was specific, so much so that no Chiropractor has equaled it. p. 18 DD Palmer Discoverer of Chiropractic The Chiropractor's Adjuster 1910

DD Palmer.

*The principles
which
compose the
science of
chiropractic
are as old as
the vertebrata.*



DD Palmer p. 14 The Chiropractor 1914

D.D. Palmer.

Knowing that our physical health and intellectual progress of this world and the next depends largely upon the proper alignment of our



skeletal frames; therefore, I feel it my bounden duty to not only replace displaced bones, but also teach others, so that the physical and spiritual may enjoy health, happiness and the full fruition of our earthly lives. P. 8 1910 Chiropractor's Adjuster

D.D. Palmer.

I believe, in fact know, that the universe consists of Intelligence and Matter. This intelligence is known to the Christian world as God. As a spiritual intelligence it finds expression through the animal and vegetable creation, man being the highest manifestation. I believe that this Intelligence is segmented into as many parts as there are individual expressions of life; that spirit, whether considered as a whole or individually, is advancing upward and onward toward perfection; that in all animated nature this Intelligence is expressed through the nervous system, which is the means of communication to and from individualized spirit; that the condition known as TONE is the tension and firmness, the renitency and elasticity of tissue in a state of health, normal existence; that the mental and physical condition known as disease is a disordered state because of an unusual amount of tension above or below that of tone; that normal and abnormal amounts of strain or laxity are due to the position of the osseous framework, the neuroskeleton, which not only serves as a protector to the nervous system, but, also, as a regulator of tension; that Universal Intelligence, the Spirit as a whole or in its segmented parts, is eternal in its existence; that physiological disintegration and somatic death are changes of the material only; that the present and future make-up of individualized spirits depend upon the cumulative mental function which, like all other functions, is modified by the structural condition of the impulsive, transmitting, nervous system; that criminality is but the result of abnormal nervous tension; that our individualized, segmented spiritual entities carry with them into the future spiritual state that which has been mentally accumulated during our physical existence; that spiritual existence, like the physical, is progressive; that a correct understanding of these principles and the practice of them constitute the religion of chiropractic; that the existence and personal identity of individualized intelligences continue after the change known as death; that life in this world and the next is continuous--one of eternal progression.

"There is a natural body, and there is a spiritual body." I Cor. iv:44.

The spiritual and the physical are counterparts of each other, duplicates in form, shape, size and color. The evidence given by seers of every nation in all ages has been that a likeness exists between the creator and the created.

DD Palmer p. 10 1914: The Chiropractor

A large, stylized handwritten signature in cursive script, reading "D.D. Palmer." The signature is written in black ink on a white background.